



IDENTITY OF A CITY OF BIRMINGHAM ROCKETS BASKETBALL PLAYER

We have created a Rockets Player DNA list to help identify the character traits that we expect our young people to work towards and adhere to:

1. Effort - Give 100% effort and try your best in all that you do.
2. Honesty - Be honest and make no excuses regardless of the circumstances.
3. Learn - Be a sponge and become a lifelong learner.
4. Attitude - Maintain a positive mental attitude and body language.
5. Respect - Represent yourself, your family and COB Rockets in a first-class manner at all times.
6. Pride - Understand your role on the team, take great pride in it and focus on team goals more than individual goals.
7. Family - Care about your teammates, take responsibility for their wellbeing and treat them as family.
8. Integrity - Take pride in everything you do. Finish everything you begin.
9. Self-Care - Take care of your body along the way and stay dedicated to developing your body (age dependent).
10. Belief - Believe that team defence wins championships and is entirely committed to development in this area.